Laban ~ History, Applications & Frontiers
拉班 - 历史、应用与前沿
Presented by Inspirees Institute, in collaboration with LIMS & CAET
亿派学院，LIMS®，CAET期刊主办

Seminar 15: Laban in Asia – Asian Perspectives
拉班在亚洲 - 亚洲视角

Nayung Kim, PhD, CMA (South Korea)
Vincent Yong, CMA (Singapore)
Tony Yu Zhou, PhD, CMA (China)

Sept 10, 2018
After the development of Laban movement studies in the West for decades, expansion to Asia is taking place. In the past ten years, there are an increased number of Asian students coming to the West for the certification training in LBMS. The majority of them are from South Korea which is an interesting phenomenon. In the future, more interest from Asia is expected. As a result, LIMS started a new Certification Program in China in 2016 bringing the training closer to the Chinese and other Asian students. How Asia embraces and develops the Laban work in its own culture presents both challenge and opportunities. Three Asian CMAs will share with you their experiences and perspectives of Laban work and development in their countries.

拉班动作研究在西方发展几十年之后，开始向亚洲扩张。在过去的十年中，越来越多的亚洲学生来到LIMS的认证项目中受训并成为CMA。有趣的是他们大多数来自韩国，但未来预计会有更多来自亚洲各国的学生加入，特别是中国。因此，LIMS于2016年在中国启动了第一个新的认证培训项目，以便让更多的中国和其他亚洲学生加入。亚洲如何在自己的文化中接纳和发展拉班既是挑战也是机遇。三位亚洲的CMA将与您分享他们国家和地区拉班研究和发展的情况和视角。
About the presenters 讲者

Nayung Kim, PhD, CMA, BC-DMT, Assistant Professor, Seoul Women’s University (韩国首尔女子大学). First Korean LIMS graduate in 1996. President of Korea Research Society of Trauma Therapies & Education. Research field: DMT and trauma work with varied Korean populations.

Vincent Yong, CMA, Singapore’s first Certified Movement Analyst and Registered Somatic Movement Educator and Therapist. Founder of Danspire in Singapore (新加坡Danspire). Specialty: Somatic movement in performance, education and personal development, reform work and social integration in areas of fitness, juvenile care and rehabilitation and parent-child cohesion. Vincent has presented on TEDx, NYLD, IADMS etc.

Tony Yu Zhou, PhD, CMA. Founder of Inspirees Institute, China/The Netherlands (亿派学院). The first CMA in mainland China. He brought the certification training program in dance therapy and Laban movement studies/LIMS to China since 2011. Founder and executive editor of Creative Arts Therapy and Arts Education – Eastern and Western Perspectives (CAET). Group leader of Chinese Group of Arts Therapy, Chinese Psychological Society.
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Webinar series: Laban Movement Studies -
History, Applications & Frontiers

by Inspirees Institute
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Laban in China - History

- 1980s: Dai Ai-liang – Labanotation
- 1990s: Luo Bing-yu – Labanotation
- 2014: BNU China Laban Research Center – Labanotation & Motif
- 2016: Inspirees Institute – LBMS
Current development

Labanotation
- Training: DNB/BNU, Certificate Level 1 (20)
- BNU and BDA: university course
- Practice and application: dance education, performance

LBMS
- Training: LIMS/Inspirees certification program: 520hrs → CMA
- CMA: mainland China (2), Hong Kong (3), Taiwan (2)
- Practice and application: dance education, performance, psychotherapy, anthropology, engineering, coaching, sports

Research
International collaboration: conferences (ICKL 2017)
LBMS Certification Program
China (Inspirees-LIMS®)

Trainers

• Karen Studd, CMA
• Catherine Maguire, CMA
• Alexandra Baybutt, CMA
CMA list (till Aug 2018)

1. Miranda Chin (Hong Kong)
2. Wang Yun-You (Taiwan)
3. Rainbow Ho (Hong Kong)
4. Grace Ho (Taiwan)
5. Aaron Wan (Hong Kong)
6. Tony Zhou (Mainland China)
7. Xie Xiao-Chuan (Mainland China)

Other trainee students from: Beijing, Shanghai, Tianjin, Shenzhen, Chengdu, Changsha, Wuhan, Xi’an, Chongqing, etc.
Publications

Articles


Books

- Everybody is a Body, Karen Studd, Laura Cox (Chinese edition, 2017)
- Labanotation, Ann Hutchinson (Chinese edition, 2013)
Future

- Collaboration between Labanotation – LBMS
- Academic – Non academic program
- Public education and professional development
- Applications and research
- International collaboration: Chinese and Asian network and community (100-200 members)
- Creative Arts Education and Therapy (CAET) World Forum– Laban, Dance therapy & Creative Movement, China, Oct 2019
Laban in South Korea

- 1990s: Kyung Hee Kim, Sihyung Yoo, Sangmi Shin – from Laban Notation Bureau
- Over 30 CMAs now
Background of Korean CMAs

- After 1986 Seoul Asian games and 1988 Seoul Olympic: Renaissance Arts as well as Dance
- Dance performing and education had been growing internal/external way.
- Found over 50 dance majors in University.
- Opportunity of studying abroad: NYU, OSU, Texas Women’s Univ., LIMS, etc.
- Effort/Shape courses of NYU influence to Korean students
Current CMAs

- Teaching more than dance techniques.
- Some universities have strong LMA curriculums.
- Research: Effect and development program through LMA
- Teaching modular program at LIMS
- Collaboration with varied field
Application of LMA

- General Dance Education
- Dramaturgy of Dance Choreography and Drama action
- Somatic Education/Therapy
- Movement Observation and Interventions for Dance/Movement Therapy
- Movement Assessment Tool
- Movement Analysis for Robot R & D
- Development Creative Program for Varied Populations

Laban - History, Applications & Frontiers
Movement Assessment Tool

❖ **MAIA**: Movement Assessment for Intention in Action

- **Purpose:**
  - DMT effect for Maladaptive Children and Adolescents
  - Development of communication skill bet. Dance therapists
  - Needs for special terms to general terms

- **Background**
  - TPB(Theory of Planned Behavior)(Ajzen, 1985)
  - Action Drive (Glide: Caring, Punch: Goal oriented)
Future

- Establish LMA organization
- Interact and connect to Asian CMAs
- More collaborations with R & D in 4th industrial revolution
- Professional to general
亚洲拉班动作研究协会
Asian Association of LBMS

亚洲地区的第一个专业协会，致力于拉班-芭特妮芙动作体系在亚洲的发展。包含中国、韩国、新加坡、日本、印度在内的50多位CMA（认证动作分析师）将成为协会的初创成员。

现招募数位协会干事，要求良好的英文及组织协调能力，接受过拉班相关领域的系统训练。